



# ALERT NEWS

EDITION : MAY 2023



AWARE

AWAKE



ACT

TRAIN ONE IN EVERY FAMILY IN EMERGENCY CARE

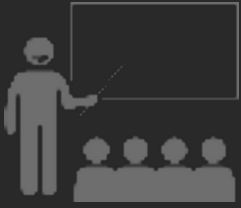
[www.alert.ngo](http://www.alert.ngo)

# MAY HIGHLIGHTS



2,32,727

People trained since 2006  
till May 2023



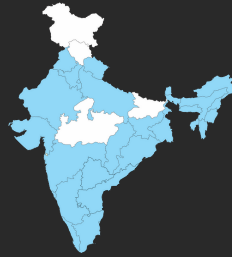
6718

People trained in  
May 2023



99

Trainings conducted  
in May 2023



6

States covered  
in May 2023



13

Audience category  
covered in May 2023





# Are you a leader?

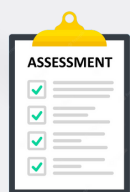
A leader is someone who leads or goes first and motivates other with a vision and a path. Leader will be the one in charge and convinces other people to follow them. Main quality of a leader is Decision making at the right time.

When during a crisis situation, there are many factors that needs to be taken care as well as given importance to. When handling the victim is of top most importance, calling an ambulance at the right time, informing police officials, controlling crowd etc also comes into picture. Emotions like anger, sympathy, shock etc also kicks in at the same time and it would be a distress emotionally as well as mentally.



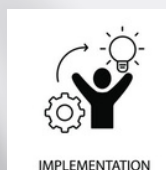
In such situations, a leader is someone who can lead and make sure what is necessary is done to save a life. Effective decision making is an element wherein decisions have the potential to impact the life of the person involved and also the broader community in many ways.

## Decision making mainly involves



### Assessment

Investigate the emergency situation in detail  
Productive thinking is more important than emotional thinking  
Check for Scene Safety before entering into the scene



### Implementation

Implement all the techniques that is planned  
Call in for ambulance as immediately as possible  
Check for Vitals and act accordingly  
Crowd Control and Traffic control can be assigned to anyone in the situation



### Planning

Response Check determines how to go forward with handling the victim to save his/her life  
Call in for help from crowd and assign each task to each person  
Establish Emergency Communication  
Assess Risk in the emergency and inform all about the same



### Monitoring

Monitor the arrival of ambulance  
Monitor the status of the victim if unconscious  
Keep track of everything that's been done to save the life so that the same can be informed to medical professional

A good leader can always be a good decision maker and vice versa. Preparation prevents Panic. We can all make better decisions by thinking calmly, and it's easier to be calm when you're prepared.

**Get trained in First Aid to handle emergency situations in a calmer way.**

# Footover Bridge - A boon or curse



On 15th May around 8 to 8.30 PM when I was returning from office near Perungudi Bus stand I saw a crowd of people in the road side. I immediately stopped my vehicle and reached the spot and found a mid aged women met with accident and lying on the road. The crowd was trying to help her by calling ambulance, one trying to give water etc. I stopped the person trying to give water and moved her to service road with the support of crowd. The victim was breathing very fast and her eyes were closed. I put her in recovery position to bring her back to consciousness. Within some time she opened her eyes and started to breathe normally but looked very scared and stated her legs and chest were paining. I started to console her by saying everything is fine and she will be taken to hospital once ambulance arrives. She got injured near by eye and nose and it was bleeding. She didn't have mobile and said she is from Chemmenchery and came for a house hold work and repeatedly told to inform them about the situation. Then I found a small dairy in which few phone numbers were noted. I called the numbers one by one and got connected to her sister and I explained the situation. Meanwhile ambulance arrived and I gave the mobile number of her sister to the ambulance technical staff and I was informed that they will take her to Royapettah Government hospital. Later when I enquired with the crowd, I was told that when she tried to cross the road, she was hit by an auto and it went off without stopping.

Even though there are many pedestrian Flyovers in and around OMR, the public doesnt use it and end up in such accidents. I would strongly recommend public to use Pedestrian flyovers to be safe and not end up in accidents like this.

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ALERT VoICE







# VOLUNTEERS MEET

Coimbatore & Chennai

Appreciating our ALERT Golden Army Volunteers' enthusiasm and  
unrelenting efforts



**TOGETHER WE CAN SAVE MORE LIVES!**

ALERT is a Voluntary Non-profit working towards  
ensuring 'Right to Life' a reality in India

**Saving Lives Since 2006**

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**Volunteer!**

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**Your kind contribution  
will go towards empowering  
the community to save lives**



**For more queries, please contact 9944066004**